

Research Team Sync: Tu/Th Log

Course: Research Methods. Team Name: Team 12



1. LOGISTICS & ATTENDANCE

Day: M T W Th F Date: _____

Team Presence:

- Full Quorum Present
- Missing: _____

Immediate Horizon:

-  Any upcoming travel ? No Yes: _____
-  Next Hard Deadline: _____

2. HUMAN CHECK-IN: STARTING WITH POSITIVITY

“Research is hard. Let’s acknowledge what is going well.”

One thing our team is grateful for this week (or a “Win”):

Stress Level Check (1-5): _____ (5 = Panic Mode, 1 = Zen)

3. DAILY STANDUP (The Work)

1. What did we complete yesterday/last meeting? *(Be specific: “Read Paper Y”)*

2. What is the ONE main goal for today? *Be Specific - “Draft Section 2.1”*

3. Blockers/Help Needed (Where are we stuck?):

Next Meeting: _____ @ _____ Calendar Invite Sent?

Accountability (Optional)

Shared with: _____ Date: _____

Commitment for next check-in: